

Virginia Assisted Living Annual Fall Conference Preliminary Agenda

Hampton Roads Convention Center, Hampton, VA
Visit www.valainfo.org to register or to get additional information.
Conference times are subject to change without notice.

Monday, October 21, 2019

12:30 PM – 5:00 PM	Virginia’s Assisted Living Regulatory Pre-Conference
6:00 PM – 7:30 PM	Dinner with Decision Makers (by invitation only based on sponsorship level selected)

Tuesday, October 22, 2019

7:30 AM – 8:30 AM	Attendee Registration/Continental Breakfast
8:00 AM – 9:30 AM	<p>Opening Keynote Session “X Marks the Spot” Mike Miller, President & CEO, Primo Solutions, LLC</p> <p>Normally is there is only one X on a treasure map. In your community, there are several X’s, you just have to discover them. The responsibility is two-fold. The ED/Admin is responsible for looking for the gems and the employees are responsible for molding themselves into gems. Either you are a diamond in the rough or a cubic zirconium. Either you are gold, or just fool’s gold. Either you are a pearl or just a sand in an oyster shell. The choice to be a gem is yours. The choice to be discovered is in the hands of the leadership. Turning your community into a treasure of gems will require a team effort. Are you ready for a treasure hunt?</p>
9:30 AM – 11:30 AM	Assisted Living Trade Show/Networking Break
11:30 AM – 1:00 PM	<p>General Session “Innovation in Dementia Care: The State of Current Research” Heather McKay, MS, OT/L, Dementia Care Specialist, Partnerships for Health</p> <p>While there is still no cure for Alzheimer’s disease or other types of dementia, there is a robust body of research happening worldwide which could inform how we maintain our own brains and advocate for loved ones with dementia. Building on the progress made in dementia care, the theme of this program is to showcase emerging research in areas of prevention, early detection, and treatment of Alzheimer’s disease and other types of dementia.</p>
1:00 PM – 2:30 PM	Assisted Living Trade Show/Networking Luncheon
2:30 PM – 4:00 PM	<p>General Session “Trends, Preceptor, AIT, and Tools to Success” Jennifer Pryor, M.A., M.S., LALFA, Gerontologist, VCU Corie Tillman Wolf, J.D., Executive Director-Boards of Funeral Directors and Embalmers, Physical Therapy, and Long-Term Care Administrators</p> <p>In this session, Jennifer and Corie will define the role of the preceptor, review preceptor requirements, & discuss what the AIT experience is and what it is not. You will also be able to preview tools for preceptors & AITs, as well as the benefits of establishing partnerships & how to turn work tasks into learning experiences.</p>
4:30 PM – 6:30 PM	Networking Reception

Virginia Assisted Living Annual Fall Conference Preliminary Agenda

Hampton Roads Convention Center, Hampton, VA

Visit www.valainfo.org to register or to get additional information.

Conference times are subject to change without notice.

Wednesday, October 23, 2019	
7:30 AM – 8:30 AM	Attendee Registration/Continental Breakfast
8:00 AM – 8:30 AM	Assisted Living Industry Updates and VALA General Membership Meeting
8:30 AM – 9:30 AM	<p>Morning Keynote Session</p> <p>“Leadership is a Marathon”</p> <p>Matt Jones, Founder R.E.A.L. Leadership Academy and PhD Candidate in Organizational Leadership</p> <p>Being an effective leader like a marathon is an endurance event. Matt’s talk, “Leadership is a Marathon” provides principles that leaders can use to empower, energize, and inspire themselves in order to do the same for those they lead. Matt uses his experience of running a marathon as a metaphor to share leadership strategies learned through personal experiences and graduate work in Transformational Leadership.</p>
9:30 AM – 9:45 AM	Assisted Living Networking Break
9:45 AM – 10:45 AM	<p>Concurrent Sessions</p> <p>“State Inspections & Best Everyday Practices”</p> <p>Julie Wine, AL Compliance</p> <p>This is an interactive session discussing different practices that assist in an assisted living inspection. File set ups are very important (including medical, HR and business,) information sharing from aids to nurse, assigned weekly rounds for Executive Director, nurses and floor staff. Also included is a quick overview of creating a proper Individualized Service Plan. We will discuss not only the best state inspection protocol but the everyday best practices to ensure the inspection goes as well as it can. Questions will be asked of the attendees of their best practices throughout the presentation.</p> <p>“Malnutrition & Weight”</p> <p>Chef Reynold Landry, Advanced Dietary Consulting Services</p> <p>Imagine this. State is in your building and they look at your weights and immediately see major problems with your weight logs and all you can think of are all the tags you are about to receive. Yikes! No worries; this presentation will train every Dietary Manager how to recognize, prioritize, and minimize future triggers and be pro-active with your weights before they even get to a triggering stage.</p> <p>Carolyn Ailstock, Training & Outreach Coordinator, Virginia Victims Fund</p> <p>“Victim-Centered Approach to Victim Compensation”</p> <p>This session provides participants with in-depth knowledge of the Victim Compensation process in Virginia and gives them tools to support victims and help them navigate the complex process. It explores connections between law enforcement, the criminal justice process, victim rights, and compensation.</p>
10:45 AM – 11:00 AM	Assisted Living Networking Break
11:00 AM – 1:00 PM	Discovering the Diamonds of Assisted Living Industry Leadership Luncheon
1:00 PM – 1:15 PM	Assisted Living Networking Break
1:15 PM – 2:15PM	Concurrent Sessions (repeated)
2:15 PM – 2:30 PM	Assisted Living Networking Break

Virginia Assisted Living Annual Fall Conference Preliminary Agenda

Hampton Roads Convention Center, Hampton, VA

Visit www.valainfo.org to register or to get additional information.

Conference times are subject to change without notice.

2:30 PM – 3:30 PM	<p>General Session</p> <p>“Put on Your Oxygen Mask Before Assessing Others:” A Fresh Perspective on Regulator Self Care</p> <p>Dr. Atira Charles, Assistant Professor of Management in the School of Business & Industry at Florida A&M University and CEO of Think Actuality, LLC.</p> <p>In this session, Dr. Atira Charles will discuss the contextual factors that lead to this fatigue. She will then discuss how this fatigue can influence our health, professional performance, and clients. During this session, Dr. Charles will help participants reflect on their own emotional and psychological state of fatigue, while offering tangible solutions and strategies to manage these, at work and outside of work. In an industry where solving problems for people is the expectation, Dr. Charles will help the participants strategize on how to prioritize and center themselves through many professional demands and expectations. She will present a framework that can be used as a tool for the conference participants. The participants will leave with a new awareness of self and set of tools that will aid them in both their personal and professional lives.</p>
-------------------	--
