

Virginia Assisted Living Association Regions
PO Box 71266, Henrico, VA 23255 ~ (804) 332-2111
(Based on VDSS Division of Licensing Programs)

Central Region	Counties:	Amelia, Brunswick, Caroline, Chesterfield, Cumberland, Dinwiddie, Essex, Fluvanna, Goochland, Hanover, Henrico, King & Queen, King George, King William, Lancaster, Louisa, Lunenburg, Mecklenburg, Northumberland, Nottoway, Powhatan, Richmond, Westmoreland
	Cities:	Albemarle, Blackstone, Charlottesville, Colonial Heights, Farmville, Lawrenceville, Petersburg, Richmond, Westpoint
Eastern Region	Counties:	Accomack, Charles City, Gloucester, Greenville, Isle of Wight, James City, Mathews, Middlesex, New Kent, Northampton, Prince George, Southampton, Surry, Sussex, York
	Cities:	Chesapeake, Emporia, Franklin, Hampton, Hopewell, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg
Fairfax Region	Counties:	Arlington, Fairfax, Loudoun
	Cities:	Alexandria, Annadale, Centreville, Fairfax, Falls Church, Herndon
Northern Region	Counties:	Culpeper, Fauquier, Prince William, Rappahannock, Spotsylvania, Stafford,
	Cities:	Dale City, Fredericksburg, Manassas, Manassas Park, Woodbridge,
Piedmont Region	Counties:	Alleghany, Amherst, Appomattox, Bath, Bedford, Botetourt, Buckingham, Campbell, Charlotte, Craig, Franklin, Halifax, Henry, Nelson, Patrick, Pittsylvania, Prince Edward, Roanoke, Rockbridge, South Boston
	Cities:	Bedford, Buena Vista, Clifton Forge, Covington, Danville, Lexington, Lynchburg, Martinsville, Roanoke, Salem
Valley Region	Counties:	Augusta, Clarke, Frederick, Greene, Highland, Madison, Orange, Page, Rockingham, Shenandoah, Warren
	Cities:	Harrisonburg, Staunton, Waynesboro, Winchester
Western Region	Counties:	Bland, Buchanan, Carroll, Dickenson, Floyd, Giles, Grayson, Lee, Montgomery, Pulaski, Radford, Russell, Scott, Smyth, Tazewell, Washington, Wise, Wythe
	Cities:	Blacksburg, Bristol, Christiansburg, Galax, Norton, Radford

VALA's Board of Trustees shall review the established regions at regular intervals and implement any revisions that may be necessary to ensure an equitable representation.