

office of the governor of the commonwealth of virginia

# GOVERNOR'S COVID-19 LONG-TERM CARE TASK FORCE

Dr. Laurie Forlano, Deputy Director, Office of Epidemiology, VDH Sarah Lineberger, HAI Program Manager, Office of Epidemiology, VDH Brenden Rivenbark, Senior Policy Analyst, Office of the Commissioner, VDH

# Welcome and Housekeeping Items

- Please mute your phone (do NOT put us on hold) if you are not speaking
- We prefer to take questions/comments at the end of each agenda item
  - Feel free to utilize the chat box

Rural Caucus Slide 2

# Overview of Agenda

- Data Update (10 min)
- Omicron Check-In (5 min)
- Long-Term Care Data Monitoring Virginia Health Information (10 min)
- Visitation Check-In (5 min)
- Testing Check-In (5 min)
- CMS Vaccine Requirement for Health Care Staff (5 min)
- Monoclonal Antibody Update (5 min)
- Influenza Check-In (5 min)
- Strike Team Planning (5 min)
- Long-Haul COVID-19: An Impending Dementia Crisis (Dr. Aravich, 15 min)
- Next Steps (5 min)
- Discussion

Rural Caucus Slide 3

# **COVID-19 Outbreaks in Long-Term Care Facilities**\*^†



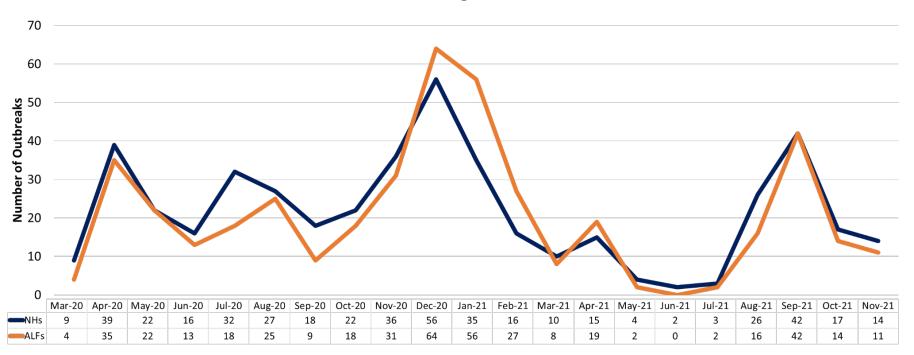


Rural Caucus

LTCF Federal Pharmacy Partnership Program Begins

(Updated 12/7/2021)

# **COVID-19 Outbreaks Reported in NHs vs. ALFs**

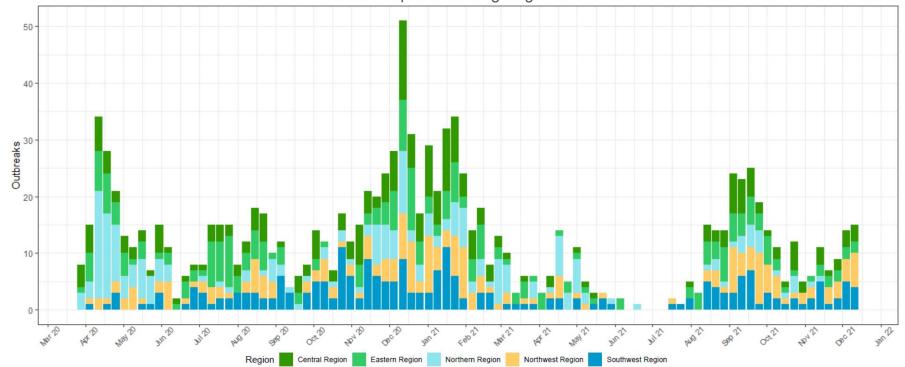


Data from VOSS and VEDSS are subject to change.

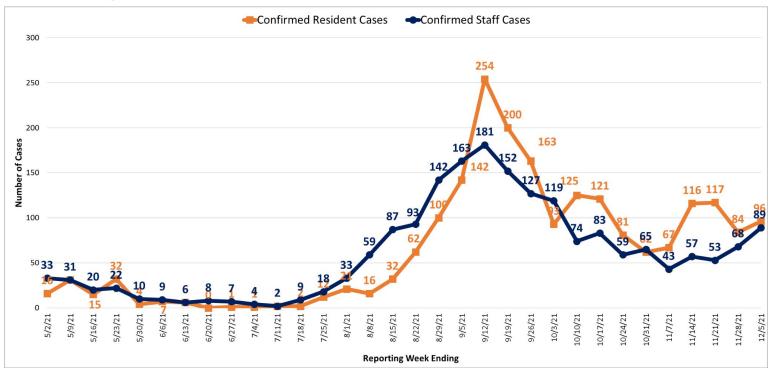
Months are from the date that VDH was notified. Outbreaks may have occurred in previous months and were retroactively reported to VDH.

# Trend: Number and Region of LTCF COVID-19 Outbreaks

by date VDH notified; includes outbreaks reported from assisted living facilities, nursing homes, and multicare facilities to VDH with a confirmed or suspected etiologic agent of SARS-CoV-2



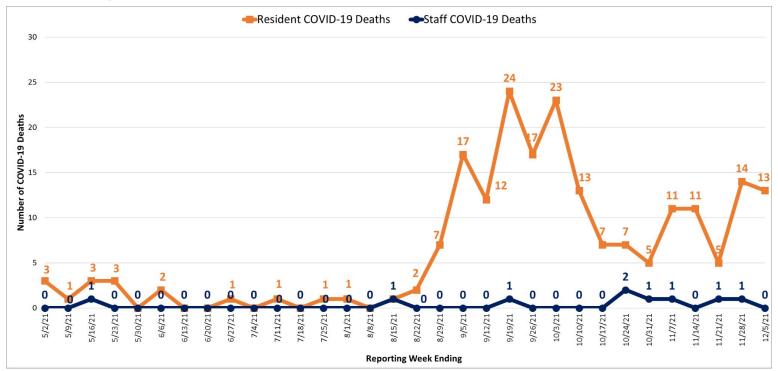
# **Nursing Home Resident and Staff COVID-19 Cases**



Data are from NHSN as of 12/14/21 and are subject to change. Data include PCR and antigen test results.

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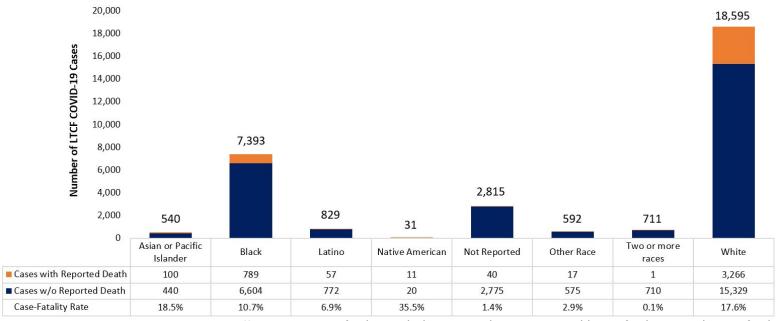
# **Nursing Home Resident and Staff COVID-19 Deaths**



Data are from NHSN as of 12/14/21 and are subject to change. Data include PCR and antigen test results.

# COVID-19 Cases and Deaths in LTCFs\* by Race/Ethnicity^

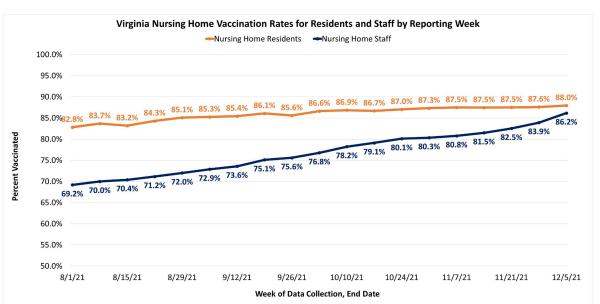
N=31,506

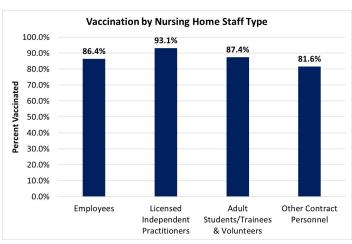


\*Long-term care facility includes nursing homes, assisted living facilities, multicare facilities, group homes, and behavioral health residential facilities. Includes residents and staff.

^Data from VOSS and VEDSS are subject to change

# **COVID-19 Vaccination in Nursing Homes**





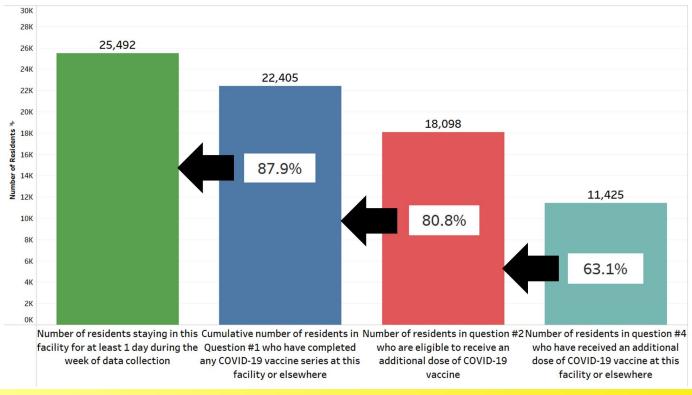
Data are from NHSN as of 12/14/2021.

In Virginia, 281 nursing homes reported resident vaccination data for the reporting week ending 12/5/2021; 281 nursing homes reported staff vaccination data for the reporting week ending 12/5/2021.

For staff type definitions, please refer to the NHSN Table of Instructions.

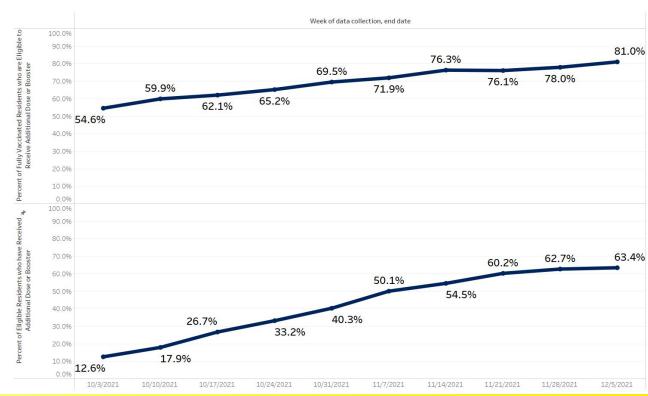
Rural Caucus Slide 10

# Resident COVID-19 Vaccination - Additional or Booster Doses

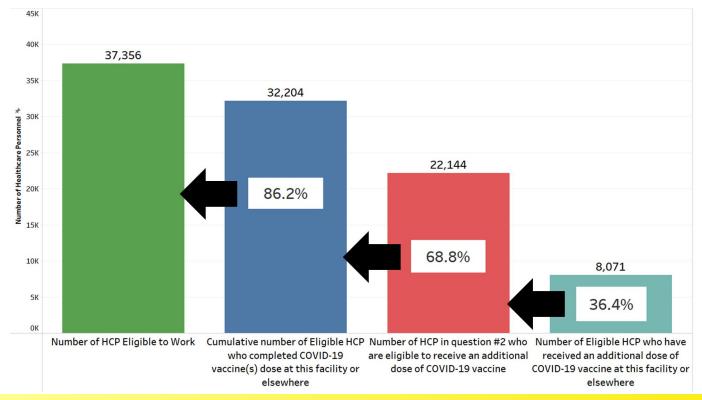


# Resident COVID-19 Vaccination - Additional or Booster Doses

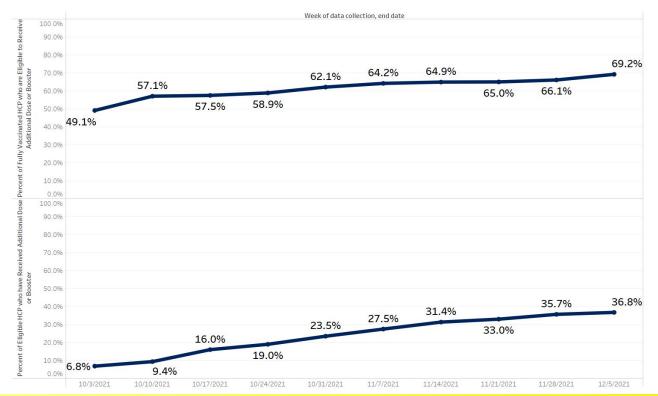
- Twenty-five nursing homes reported in NHSN that <u>no</u> eligible residents have received an additional dose or booster of COVID-19 vaccine at the time of reporting
- VDH is prioritizing reaching out to those facilities to offer assistance with connecting them to pharmacies and planning booster clinics



### Staff COVID-19 Vaccination - Additional or Booster Doses

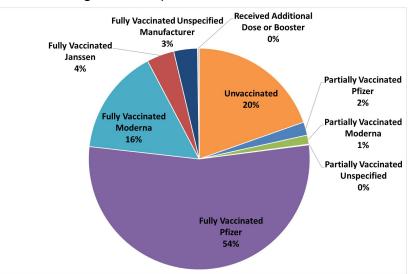


# Staff COVID-19 Vaccination - Additional or Booster Doses

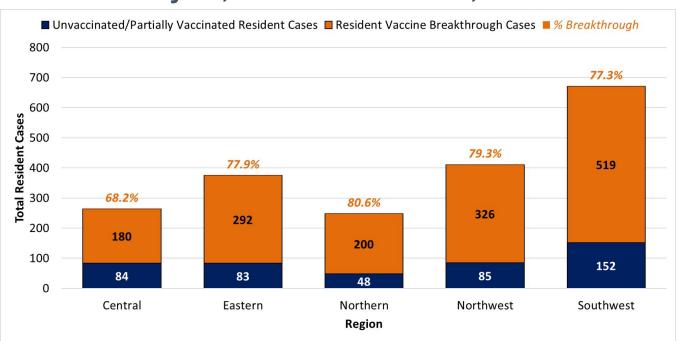


# Vaccine Breakthrough Cases in Virginia Nursing Homes, July 19, 2021 - December 5, 2021

- From July 19, 2021 December 5, 2021, 172 Virginia nursing homes (60% of all nursing homes in Virginia) reported at least 1 confirmed resident case of COVID-19
  - Among these outbreaks, there were an average of 11 cases
  - There were a total of 1,969 cases across all 172 nursing homes during this time period
- Among all cases reported during this time period,
   77% of resident cases had been fully vaccinated (n=1,517 vaccine breakthrough cases)
  - 23% of cases were unvaccinated or partially vaccinated (n=386 unvaccinated, n=66 partially vaccinated)
  - 17 facilities (10%) reported no vaccine breakthrough cases and 155 (90%) reported at least one vaccine breakthrough case
- Most vaccine breakthrough cases occurred among residents who had been fully vaccinated with the Pfizer-BioNTech vaccine (70%)



# Vaccine Breakthrough Cases in Virginia Nursing Homes, July 19, 2021 - December 5, 2021



Data are from NHSN as of 12/14/2021. Resident vaccine breakthrough cases are reported when a resident had completed an FDA-authorized COVID-19 vaccine series at least two weeks prior to testing positive for COVID-19.

### **COVID-19 Variants Check-In**

- CDC <u>Variants of Concern</u>
  - Delta continues to be the main variant circulating in the U.S.
  - Omicron confirmed in Virginia
    - VDH clinician letter 12/14/2021
    - VDH Variants Dashboard updated weekly on Fridays
- VDH and DCLS response
  - Case interviews and contact tracing
  - Communication with CDC and other jurisdictions
    - CDC call for cases Omicron in LTCF residents and staff
  - Whole Genome Sequencing (WGS)
    - Performed on all positive samples submitted to DCLS that are good candidates for WGS

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# **Outbreak Testing**

Respiratory outbreak testing at DCLS, state public health lab:

- For each suspect outbreak, collect 3-5 specimens on any new onset cases
  - Coordinate specimen collection with your <u>local health department</u>
    - LHDs have collection kits
  - Specimens will be sent to DCLS (<u>testing instructions</u>)
  - Specimens will be tested using CDC flu/SARS-CoV-2 multiplex test
    - If negative for both flu and COVID, will reflex to RVP (respiratory viral panel)

Rural Caucus Slide 18

# EDCC Program Overview for Long-Term Care Providers

**December 16, 2021** 



# **Agenda**

**EDCC Program Overview** 

How does the technology work?

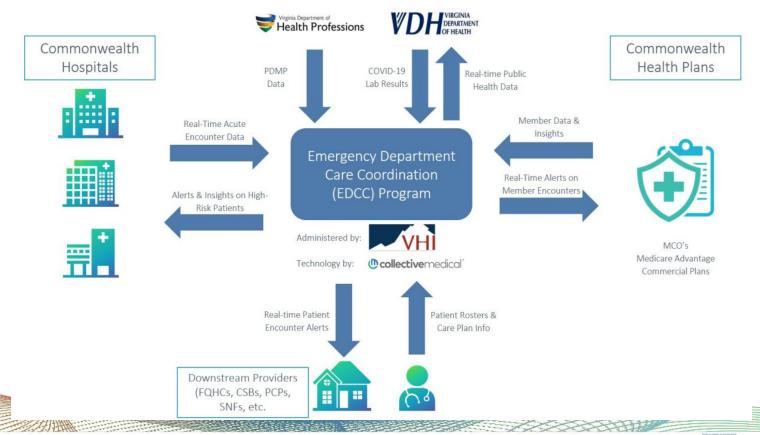
VDH Data for COVID-19 & MDRO

**Success Stories and Collaboration** 

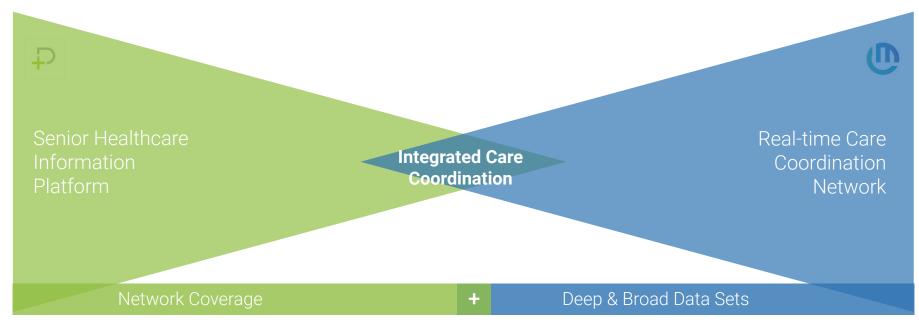
Onboarding

Next steps

# Key functions and stakeholders of the EDCC Program



# PointClickCare + Collective Medical



- · 2.3+ million LTPAC admissions processed in 2018
- · 750 million medications administered monthly
- · 1.7 million patient records managed daily
- 15,000+ skilled nursing facilities

- 3,000+ hospitals & >6,200 total nodes
- · Data ingestion & normalization, insights and notifications
- Last-mile workflow integration
- 8 real-time care coordination programs

Health systems & Hospitals ACOs Health Plans Public Health Post Acute Care































Ambulatory





# Who's participating in the EDCC?

### **FQHCs**

Central Virginia Health Services, Inc.
Clinch River Health Services, Inc.
Eastern Shore Rural Health System, Inc.
Horizon Health Services, Inc.
Johnson Health Center
Loudoun Community Health
New Horizons Healthcare
Rockbridge Area Free Clinic
Southwest Virginia Community Health Systems, Inc
Piedmont Access to Health (PATHs)

**106** Hospital Emergency Departments

### **ACOs/MCEs**

AdvantagePoint Health Alliance-Blue Ridge Aledade Augusta Care Partners Heartbeat Health JenCare HealthBridge Carilion – Doctors Connected Mid-Atlantic Collaborative Care, LLC All Health Plans in Virginia

**3.8** million lives

### **CSBs**

Colonial Behavioral Health
Henrico Area Mental Health and Developmental Services
Horizon Behavioral Health
Rappahannock Area CSB
Richmond Behavioral Health Authority
Region Ten CSB
Danville-Pittsville Community Services

### **Clinics**

Dominion Youth Services
Family Insight
General Internal Medicine Group
Lansdowne Travel & Family Medicine
Sentara Quality Care Network
PRS, Inc
Patient First
Trusted Doctors & Health Connect IPA
Capital Caring Health
Lighthouse Behavioral Health

# Home Health, Hospice and Palliative Care in EDCC Program

Ata&Ana Home Health Agency

Hospice of the Piedmont

Kindred at Home - Christiansburg

Kindred at Home - Lynchburg

Kindred at Home - Richmond

Kindred at Home - Roanoke

Kindred at Home - Virginia Beach

Riverside - Regional Medical Home Health

Riverside - Tappahannock Home Health

Riverside - Walter Reed Home Health

# **Live SNF Participants in EDCC Program**

Consulate Health Care - Ashland Nursing & Rehab Center

Consulate Health Care - Augusta Nursing and Rehab Center

Consulate Health Care - Bonview Rehab & Healthcare

Consulate Health Care - Envoy at the Meadows

Consulate Health Care - Envoy at the Village

Consulate Health Care - Envoy of Alexandria

Consulate Health Care - Envoy of Lawrenceville

Consulate Health Care - Envoy of Staunton

Consulate Health Care - Envoy of Westover Hills

Consulate Health Care - Envoy of Williamsburg

Consulate Health Care - Envoy of Winchester

Consulate Health Care - Envoy of Woodbridge

Consulate Health Care - Grayson Rehab & Health Care

Center

Consulate Health Care - Kings Daughters Community

Health & Rehab

Consulate Health Care - Newport News Nursing & Rehab

Consulate Health Care - Pheasant Ridge Nursing & Rehab

Consulate Health Care - Skyline Nursing & Rehab Center

Consulate Health Care of Norfolk

Consulate Health Care of Williamsburg

Consulate Health Care of Windsor

Consulate Health Care of Woodstock

Piedmont Care

Riverside Rehabilitation

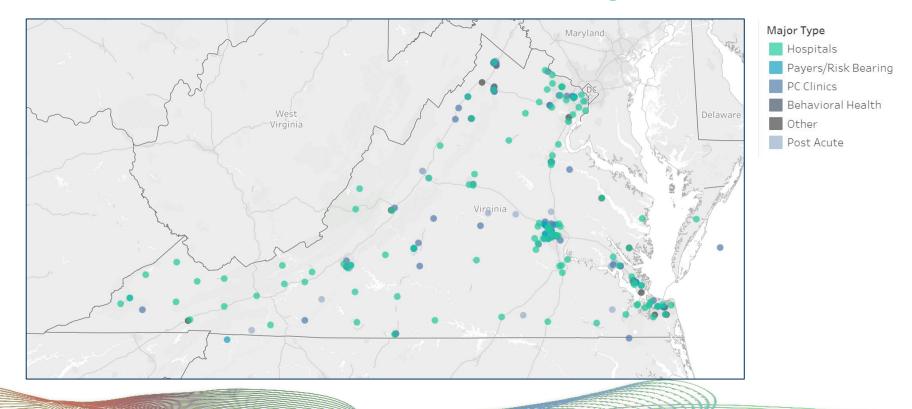
# Data Live SNFs/PCC Users in EDCC Program

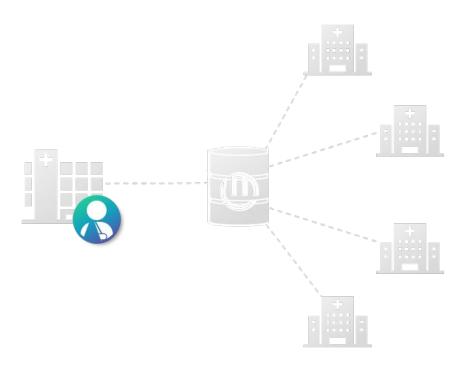
Accordius Health at Abingdon Accordius Health at Bay Pointe LLC Accordius Health at Greene County Accordius Health at Harrisonburg LLC Accordius Health at Lynchburg LLC Accordius Health at Nansemond Pointe LLC Accordius Health at River Pointe LLC Accordius Health at Roanoke Accordius Health at Waynesboro LLC Autumn Care of Altavista Autumn Care of Chesapeake Autumn Care of Madison Autumn Care of Mechanicsville Autumn Care of Norfolk Autumn Care of Portsmouth Autumn Care of Suffolk Berry Hill Nursing Home Chatham Health and Rehabilitation Center Clarksville Health & Rehab Center Colonial Health & Rehab Center

Dockside Health and Rehabilitation Falls Run Nursing and Rehabilitation Farmville Rehabilitation and Healthcare Center Forest Health and Rehab Center Fountains at Washington House SN Greensville Health and Rehabilitation Center Hampton Health & Rehab Center Hillsville Rehabilitation and Healthcare Center **Iliff Nursing and Rehabilitation** Karolwood Gardens Richmond Kempsville Health & Rehab Center Laurels of Bon Air Laurels of Charlottesville Laurels of University Park Laurels of Willow Creek Leewood Healthcare Center Liberty Ridge Monroe Health & Rehab Center Nova Health and Rehab Center Oak Grove Health & Rehab Center

Pelican Health Norfolk Pelican Health Virginia Beach Portside Health and Rehab Center SNF Ridgecrest Manor Nursing and Rehab Rocky Mount Health & Rehab Center LLC Rosemont Health & Rehab Center Shenandoah Nursing and Rehab Shore Health & Rehab Center South Boston Health & Rehab Center Stratford Rehabilitation Center The Citadel at Nassawadox The Citadel Virginia Beach Tylers Retreat at Iron Bridge Waddell Nursing and Rehab Center Waterside Health & Rehab Center SNF Wayland Nursing and Rehabilitation Center

# **EDCC Care Collaboration Across Virginia**

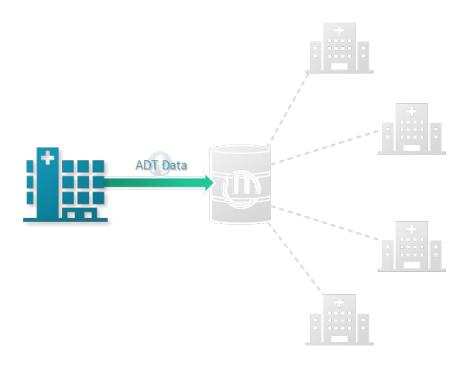




### Step 1 – Patient Encounter

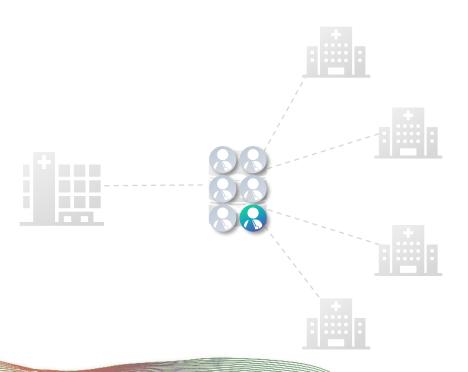
The patient presents in the emergency department of a hospital with a connection to the Collective network.

Basic demographic and triage information about the patient is entered into the hospital's EHR.



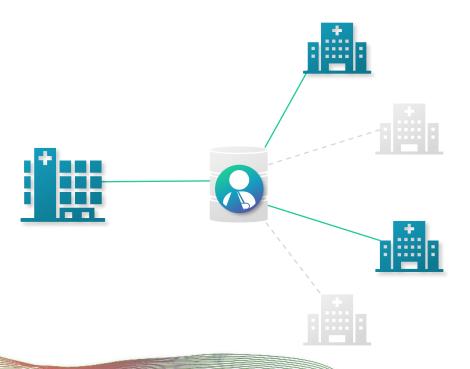
### Step 2 – ADT Transmission

Within moments, the hospital's EHR sends the important information about the encounter to Collective in the form of an ADT message.



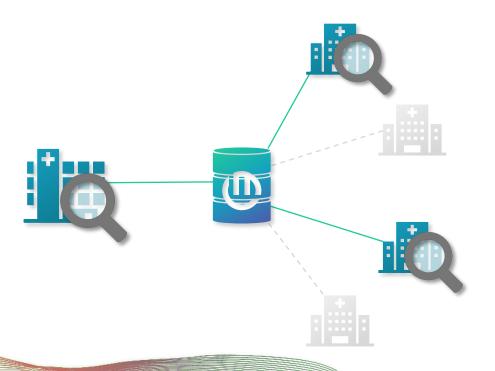
### Step 3 – Patient Identification

The Collective platform normalizes the new encounter information, identifies the patient's aggregate profile on the network as well as identifies patient's aggregate profile existing through Carequality or CommonWell, and merges the new data in.



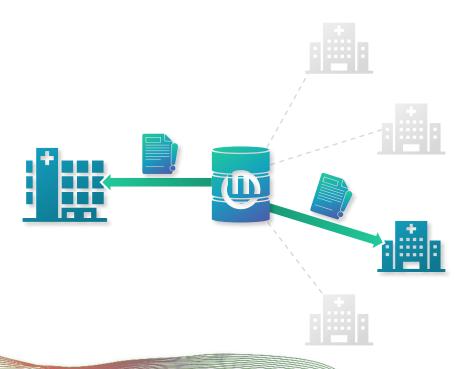
### Step 4 – HIPAA Verification

Collective analyzes its network, and all entities showing a verified HIPAA relationship with the patient are identified, including the facility at which the patient is currently experiencing the triggering encounter.



### Step 5 – Criteria Analysis

Each of these entities' Collective profiles are analyzed to identify which—if any—of the members of the patient's care team should receive notification of the encounter, and curated specifics about the patient's needs.



### Step 6 – Care Team Notification

Within seconds of the patient's initial presentation at the triggering facility, real-time notifications are delivered to the members of the patient's care team identified as being best placed to intervene and impact outcomes.

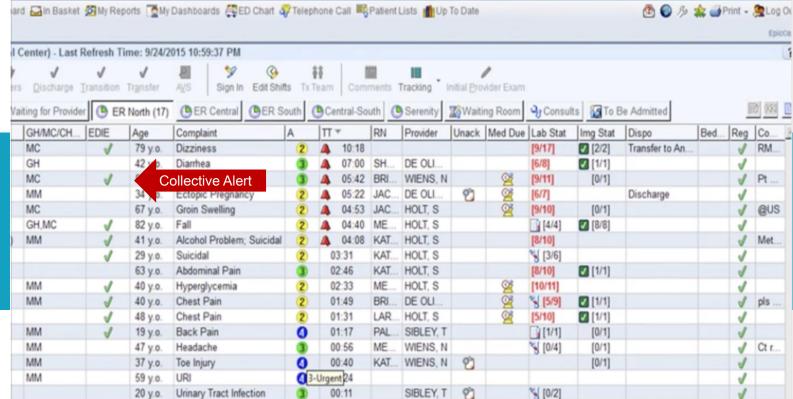


### Step 7 – Provider Action

All members of the patient's care team are now empowered to take action to influence better outcomes for the patient.

- ED providers are empowered to act quickly from a position of knowledge
- primary care and specialists can proactively involve themselves when necessary

### **Collective Medical EMR Integration – Epic Example**



ED
Trackboard in
Epic



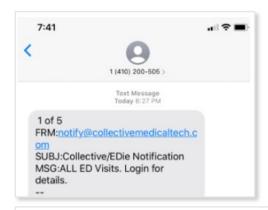
# When Does the ED Receive Notifications?



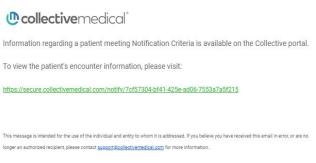
- High-Utilization
   Standard: 5 ED visits within 12 months
- Traveling Patients Standard: 3 Different EDs within 90 days
- 3. Patients with ED Care Guidelines (Insights) entered into the network
- 4. History of Security Events: entered into the network
- 5. Advance Directive
- Prescription Monitoring Program Information\*\*
   (NarxScore >= 500 for either sedatives, narcotics or stimulants)
- 7. Previous Opioid Overdose Dx (12 mo.)
- 8. COVID Positive of Pending Lab Result

<sup>\*\*</sup>Health Systems contracted with PMP vendor Appriss

#### **Collective Notification Formats**



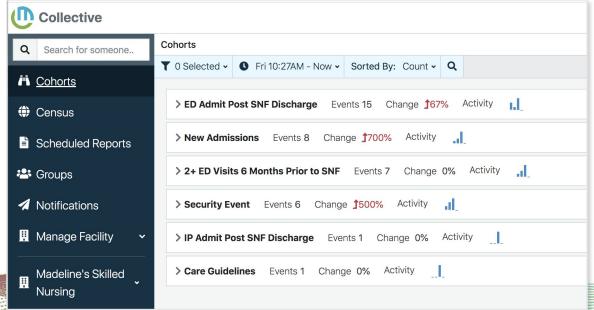
© 2020 Collective Medical Technologies, Inc.



	CC	DLLEC	CTIVE	NOTI	FICATION 09/09/2020 16:31 Patient, Sample M	RN: 1122334455	
Criteria Met							
	Suicide or Self Harn sits in 12 Months		.)				
Security and	Safety Location		Type	Sned	cifics		
Date	COCATION		- Y.P.C.	Spec	cinca		
6/11/20 6:47 Al	1 Albuquerque F	Hospital	Verbal		Patient was verbally abusive towards care providers, staff or patient.	Security Events (18 Mo.) Self-Harm	Count 1
11/13/19 9:37	M Cottonwood C	linic	Self-H	arm	Details: Pt threatened self-harm if she did not receive narcotics.	Verbal Total	2
and the same of the same	ange in congruence agence						
	lelines from No 21/20 10:11 PM	ew Me	exico H	<u>lospital</u>			
Care Recomi	nendation:						
					of dementia and is not consistent when providing historical information ct patient to seek services at PCP (extended hours available)		
Pain Manage	ment:						
				opioid pa	in medications in ED unless medically necessary		
<ul> <li>Review F</li> </ul>	DMP for up to dat	e inform	nation	opioid pa	in medications in ED unless medically necessary		
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### **Cohorts Page**

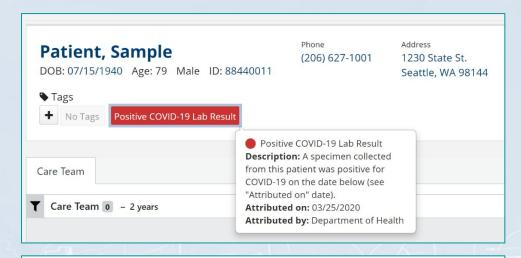
Enables care team members to identify patients with a 'visit of interest' based on a specified criteria



### **COVID-19 EDCC Update**

Additionally, the Positive, Pending, Negative, and Inconclusive COVID-19 Lab Results will display within the portal's Flags feature. Any user viewing the patient portal page will see information.

COVID-19 Flags become automatically inactive after 6 weeks (42 days) on the Collective network, if not updated.





### Multidrug-Resistant Organisms (MDRO) VDH

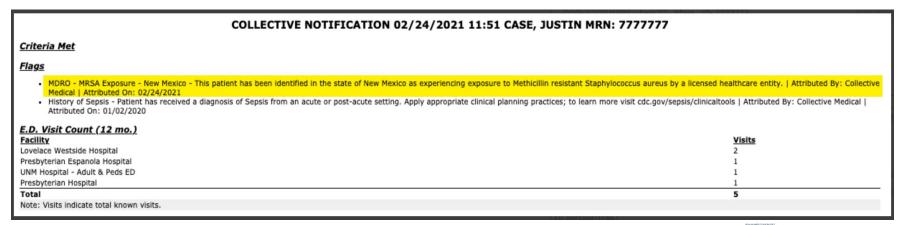
This MDRO project will leverage the Emergency Department Care Coordination (EDCC) program to inform care team members immediately about MDRO Insights for individual patients to improve the care and safety of all patients and staff within a facility. The EDCC program provides a single, statewide technology network to connect every ED in the Commonwealth and facilitates real-time communication among healthcare providers, plans and patients.

Candida auris - Healthcare facilities in several countries have reported that a type of yeast called Candida auris has been causing severe illness in hospitalized patients. In some patients, this yeast can enter the bloodstream and spread throughout the body, causing serious invasive infections. entering their body, or have previously received antibiotics or antifungal medications, appear to be at highest risk of infection with this yeast.

www.cdc.gov/fungal/candida-auris/candida-auris-qanda.html

### **Multidrug-Resistant Organisms (MDRO)**







#### Patient Scenario: SNF 30-Day Readmission Alert

Marquis Companies set up a pilot program to use this exact process within three of their facilities.

#### Readmissions were consistently reduced by 60% after only six months

- The facilities started with an average readmission rate as high as 19%
- From April to October of 2018, that rate was reduced to only 6.3%

### **EDCC Program Onboarding Process**









Initial contact with the organization

EDCC Program Demonstration

Exchange Trust Agreement IT Implementation with Collective

# **Next Steps**

### **Contacts**

Onboarding Questions: Kelly Richards, VHI Program Support Specialist, Kelly@vhi.org

Technical Questions: Kelly Butler, Collective Medical Senior Customer Success Manager, Kelly.Butler@collectivemedicaltech.com

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#### **Visitation Check In**

- New resource available from VDH on the COVID LTC Task Force Website: <u>Visiting a Loved One in a Nursing Home</u>
- Best practices and tips for visitation in alignment with recent CMS changes
- Covers general tips for visitation as well as what to do if visiting someone in quarantine or with suspected/confirmed COVID

#### **Testing Updates**

NOTE: The state (VDH) no longer receives the Federally supplied test kits (BinaxNow Ag) for distribution. HHS ships directly to agencies-alternative test kits are shipped directly to:

- FQHCs
- Rural Hospitals and Health Clinics
- Food Banks

Resources: The state/VDH has Federal Grants to *acquire* testing resources for support in congregate care, jails, shelters and other at-risk populations. There are now over 25 FDA approved tests. LHDs no longer have a supply of BinaxNow ag test kits.

Chat: What tests kits are being shipped directly to LTC facilities from HHS? Does it meet the need? Do you need assistance finding vendors to purchase tests? <a href="https://chs.asu.edu/diagnostics-commons/connect-to-test">https://chs.asu.edu/diagnostics-commons/connect-to-test</a> Email questions to: testinginfo@vdh.virginia.gov

# **Emergency Regulation Requiring COVID-19 Vaccination for Health Care Workers**

- Updated FAQs: CMS Omnibus COVID-19 Health Care Staff Vaccination Interim Final Rule
- On November 29 & 30, 2021, two preliminary injunctions were issued against the Interim Final Rule.
- CMS has appealed and filed motions for stays of these orders. In the meantime, CMS has suspended activities related to the implementation and enforcement of this rule pending future developments in the litigation.

#### **Monoclonal Antibody Update - 1**

- EVUSHELD (AstraZeneca) = new monoclonal antibody; received FDA Emergency Use Authorization (EUA) on December 8, 2021
- A combination of two monoclonal antibodies (tixagevimab and cilgavimab) used together given as an intramuscular injection of each drug
- EVUSHELD is authorized for pre-exposure prophylaxis against Covid-19
- Eligibility criteria: 1. Patient ≥ 12 years old who weighs at least 88 lbs.
- 2. Patient is not currently infected with SARS-CoV-2, <u>AND</u> patient has not been recently exposed to a person with SARS-CoV-2 infection
- 3. Patient with moderate to severe immunocompromise (due to medical conditions, medications, or treatment of illness) and may not be able to mount an adequate immune response to COVID-19 vaccination —OR—
- Patient has a history of <u>severe</u> adverse reaction to a COVID-19 vaccine (or a component of the vaccine) and, therefore, vaccination is medically contraindicated [Note: very few people fall into this category] for example, a patient who had a severe allergic reaction from a COVID-19 vaccine
- Medication lasts for about 6 months. If patient continues to meet eligibility criteria, another course of medication can be 6 months after first doses.

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#### **Monoclonal Antibody Update - 2**

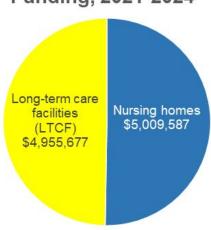
- VDH Monoclonal Antibody Team continues to strongly encourage the use of monoclonal antibodies for the treatment of patients in nursing home and assisted living facilities who have mild to moderate COVID-19 and do not require hospitalization
- VDH holds weekly webinars about monoclonal antibodies future webinars to be held on December 21, 2021; January 5, 2022; January 13, 2022; January 18, 2022, and January 26, 2022
- Please encourage long-term care facility medical director, administrator, director of nursing, nurses and any staff to attend webinars. Monoclonal antibody therapy is currently underused for long-term care residents
- Monoclonal antibody and therapeutics newsletter will come out this Friday = Dec 17, 2021 will have information about mAbs and upcoming webinars
- Please feel free to contact me with any questions about mAbs → <u>brooke.rossheim@vdh.virginia.gov</u>

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#### **Federal STRIKE Team Funding**

- In October 2021, Virginia received \$9.9M under a CDC Epidemiology and Laboratory Capacity (ELC) Cooperative Agreement for a Nursing Home and Long-Term Care Facility Strike Team and Infrastructure Project (STRIKE).
- Funding will support facilities to bolster the COVID-19 response and build/maintain infection prevention infrastructure necessary to support residents in the longer-term. There is a focus on sustainability.
- Funding can be utilized for personnel, laboratory equipment, PPE, technology, and training development to enhance data-driven facility training, procedures, and reporting.
- VDH issued an external call for ideas in November to identify suitable projects that address these objectives and program the available funding.





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#### Federal STRIKE Team Funding

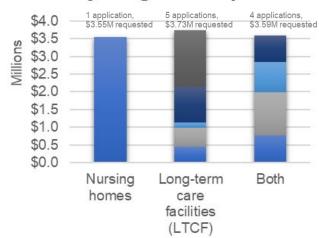
#### Steps to date:

- To utilize the \$9.96M available, VDH received 10 applications representing a total \$10.87M in requests for project funding (see right)
- An internal review panel comprised of subject matter experts convened on December 10 to evaluate the technical merit and objective fit of each [blinded] application
- Selected projects will augment, not duplicate, existing efforts by VDH and MOU partners underway

#### **Next steps:**

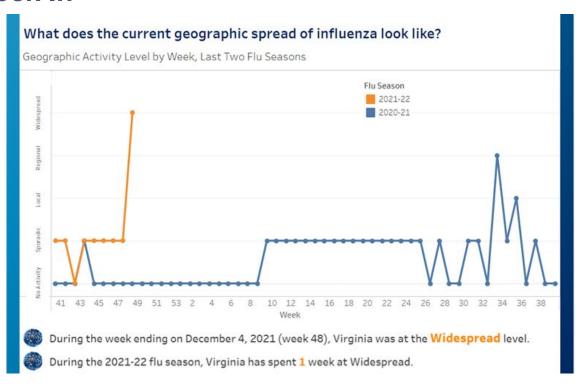
- Dec 18 Jan 14: VDH HAI team will engage successful applicants to refine project plans and collect additional budget details
- Early to mid Jan: Release of formal request for proposals (RFPs)
- Jan 27: VDH will submit overall STRIKE workplan and budget, inclusive of selected projects, to CDC
- ~Mar-Jun: VDH will issue funded awards, and subsequently evaluate project progress on a regular basis

# Applications for Project Funding (\$), by Target Group

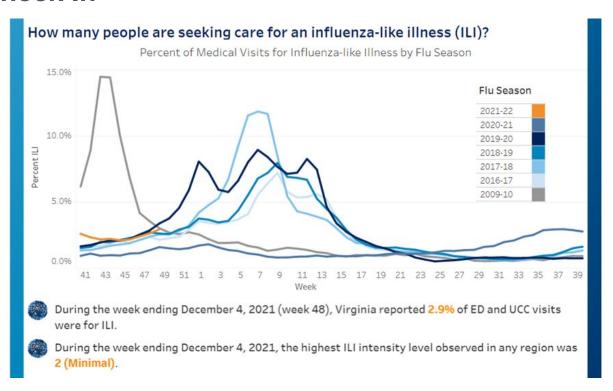


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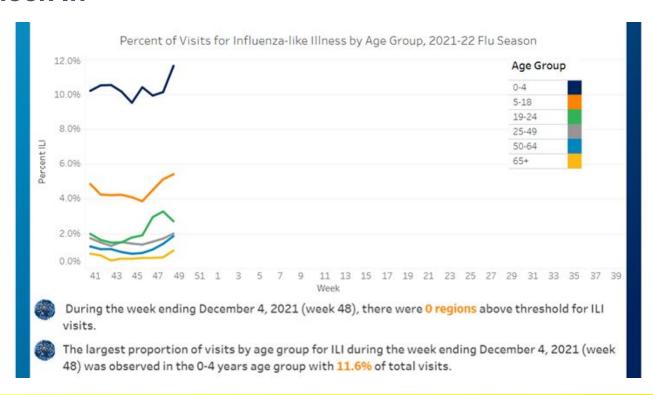
#### Influenza Check In



#### Influenza Check In



#### Influenza Check In



# Long-Haul COVID-19 and Dementia: A Call to Arms

#### Paul F. Aravich, Ph.D.

Virginia Center on Aging Adv. Com. Rep. to the Gov's COVID-19 LTCF Task Force

Virginia Dementia Services Work Group

Former Head, Virginia Brain Injury Council

Former Head, Virginia Public Guardian and Conservator Advisory Board

AOA Glasser Distinguished Teacher Awardee

Professor of Pathology/Anatomy, Geriatrics and PM&R

Eastern Virginia Medical School

aravicpf@evms.edu

Governor's COVOID-19 LTC Facility Task Force Meeting 12/16/21



### "The Universe Between Our Ears"





Alzheimer's brain. Aravich

http://pics-about-space.com/hubbl da-galaxy-pictures?p=1

\*See Aravich, TEDx You Tube Channel https://www.youtube.com/watch?v=-SfJsqnMRVc on

## Prior to COVID-19: Epidemic of Psychiatric & Neurological Disorders

- 3.1 Billion persons, globally
- 50 Million Americans overall
- 971 Million American w/ serious mental illness
- 176 Million Americans w/ substance use disorders

\$1.5 Trillion US dollars per year

Virtual Congressional Briefing by the American Brain Coalition with the Congressional Neuroscience Caucus and the Congressional Brain Injury Caucus: "The Case for a Neuroscience Center of Excellence." 12/7/21 <a href="https://www.youtube.com/watch?v=LYtYmh4">https://www.youtube.com/watch?v=LYtYmh4</a> ogQ

### Prior to COVID-19: Epidemic of fatal dementia 2017 Death Rates/100k

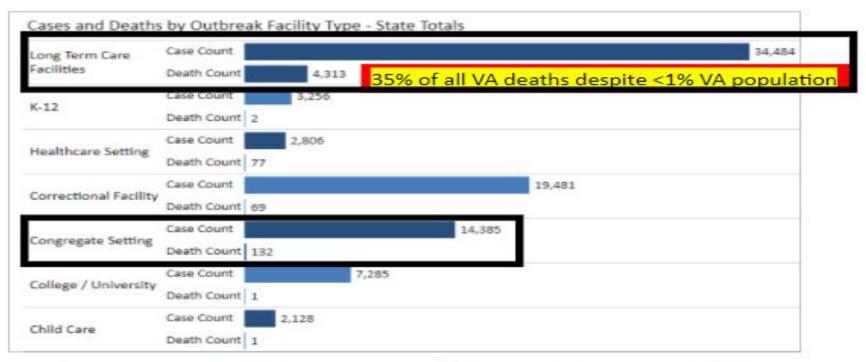
- 1. Heart disease (165.0) (ref. 1)
- 2. Cancer (152.5) (ref. 1)
- 3. All dementias (66.7) (ref. 2 integrated into ref. 1)
- Unintentional injury (49.4)\* (ref. 1)
   Includes overdoses, motor vehicles, falls, burns etc.

Murphy et al. Mortality in the United States, 2017. NCHS Brief.
 2018 328. <a href="https://www.cdc.gov/nchs/data/databriefs/db328-h.pdf">https://www.cdc.gov/nchs/data/databriefs/db328-h.pdf</a>
 Kramarow and Tejada-Vera. Dementia Mortality in the United States, 2000–2017. National Vital Statistics Report. 2019 68:2 <a href="https://www.cdc.gov/nchs/data/nvsr/nvsr68/nvsr68">https://www.cdc.gov/nchs/data/nvsr/nvsr68/nvsr68</a> 02-508.pdf

## Prior to COVID-19: Dementia a LTC Facility "giant"

- 48% Nursing home residents
- 42% Residential facility residents, including ALFs

## LTC Facilities: COVID-19 Epicenter for Death



https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/ accessed 9/20/21

## COVID-19 and the Dementias 1,

#### Major risk factor for COVID-19 death

- Stress. Cachexia. Pneumonia vulnerability
- Older age. Co-morbidities (diabetes, CAD)
- Unable to follow hygiene & social distancing instructions
- Wandering, Impulsive behaviors
- apoE4: ↑ COVID severity; ↑ Alzheimer's; ↑CAD; proinflam.
- Diversion of resources/social engagement

#### Major risk factor of Challenging behaviors:

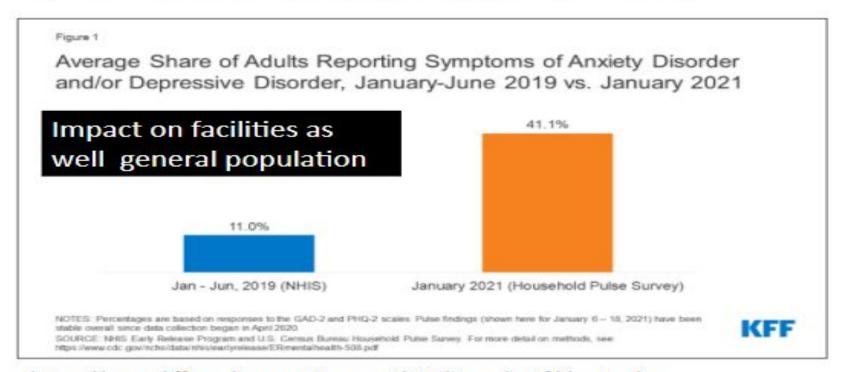
- Care provider illness/burnout.
- Staffing shortages
- Prediction: Increased antipsychotic Rx use b/c of staff shortages

2. Numbers and Brodaty. The effects of the COVID-19 pandemic on people with dementia. Nat Rev Neurol. 2021 Jan 6: 1–2

Brown et al. Anticipating and Mitigating the Impact of the COVID-19 Pandemic on Alzheimer's Disease and Related Dementias.
 Am J Geriatr Psychiatry. 2020 Apr 18 [Epub ahead of print]

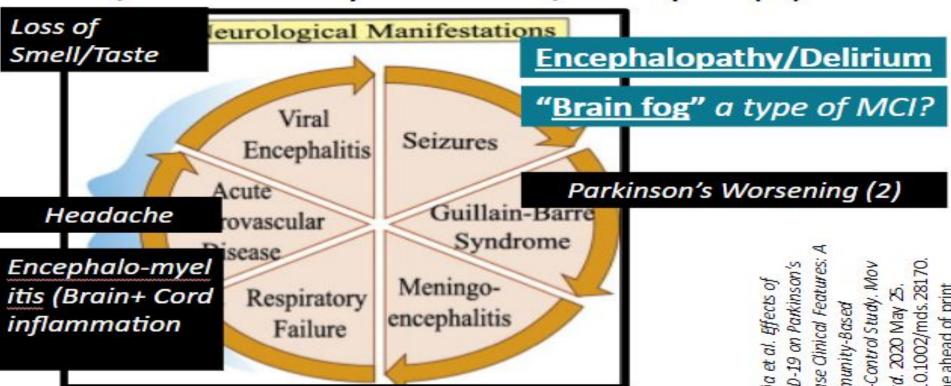
### COVID-19:

### ↑ Behavioral health disorders



https://www.kff.org/coronavirus-covid-19/issue-brief/the-implications-of-covid-19-for-mental-health-and-substance-use/

# Covid-19 directly/indirectly affects Brain/nervous system: >1/3 of pts (1)



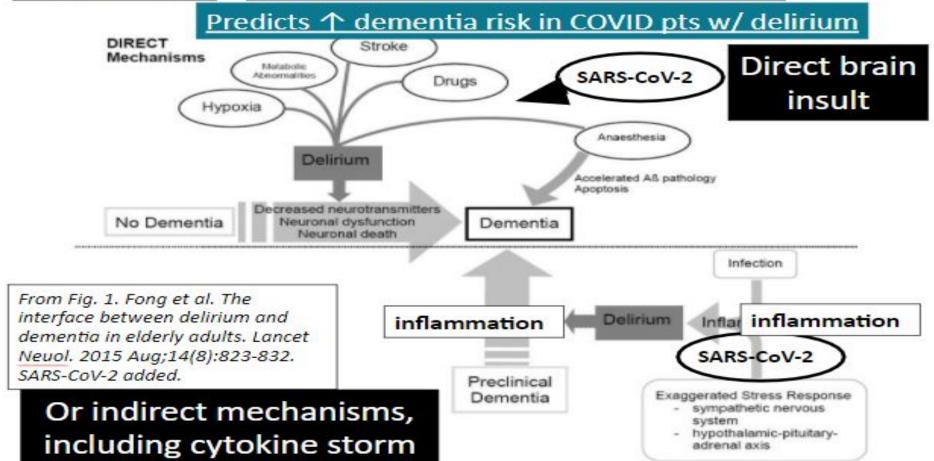
Satarker and Shaji. Involvement of the nervous system in COVID-19: The bell should toll in the brain. Life Sci 2020 Dec 1;262:118568

### Delirium "Acute Metab. Encephalopathy"

- "...alarming COVID prognostic indicator" in older persons (2)
- · "...under-recognised" (1)
  - Point prevalence study, n=71 hospitalized pts, mean age 61
  - o 72% men, 9% w/ dementia
  - Outcome measures determined 30 days later
  - 42% had delirium yet <u>only a fraction were otherwise Dx</u> (39%)

- Mcloughlin et al. Functional and cognitive outcomes after COVID-19 delirium Eur Geritr Med. 2020 Oct;11(5):857-862.
- 2. Marengoni et al. The impact of delirium on outcomes for older adults hospitalised with COVID-19. Age Aging. 2020 Oct 23;49(6):923-926

### <u>Delirium</u>: <u>8 fold 个 dementia risk</u>



## Long-Haul COVID-19 Global consortium

CDC: Symptoms persisting >4 weeks after 1<sup>st</sup> infected https://www.cdc.gov/washington/te stimony/2021/t20210428.htm

- The "Global Consortium Study of Neurologic Dysfunction in COVID-19 (GCS-NeuroCOVID)"
- Includes AD. Assoc (AKA ADRD Association), WHO etc.
- Early stages of data collection; more research needed Chou et al. JAMA Netw Open. 2021 May 3;4(5):e2112131
- Concerns for long-haul in kids as well as adults
   Ludvigsson. Acta Paediatr. 2021 Mar;110(3):914-921
- 1918 influenza epidemic: Long-lasting effects for decades:
  - Higher: adult mortality/heart disease/diabetes. M>F
     Helgertz et al. Demography. 2019 Aug; 56(4): 1389–1425

## Non-Hospitalized "Long Haulers"

- "brain fog" (81%)
   -Concentration and Working Memory. A type of mild cognitive impairment?
- 2. headache (68%)
- numbness/tingling (60%)
- taste loss (59%)
- 5. smell loss (55%)
- myalgias (55%)
- dizziness (47%)
- pain other than chest (43%)
- blurred vision (30%)

85% also experienced fatigue.

Graham et al. Ann Clin Transl Neuol. 2021 May; 8(5): 1073-108

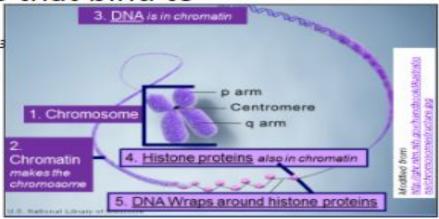
### Long-haul COVID: 6 months post COVID Intensive care pts.

Retrospective cohort study <u>vs influenza</u>; global health record of 236, 379 pts. Hazard ratios:

- ↑ Parkinsonism
- 个 Stroke
- 个 Anxiety disorders
- ↑ Mood disorders
- ↑ Substance use disorders
- ↑ Insomnia

# Long-Haul Brain COVID-19: an Epigenetics effect?

- Epigenetics: regulation of gene expression
  - by factors <u>outside</u> genome:
  - e.g., infections, dementia, stress, depression, nutrition, exercise
- These factors release molecules that bind to
  - <u>DNA</u> itself like Methyl groups -CH
  - Histones, like Acetyl groups -COCH<sub>3</sub> uncoil/uncover/expose



#### LTC Facilities & Modifiable Risk Factors: focus on those $\downarrow$ global dementia by 40%. Lancet Commission, 2020 LTC facility Call to Arms

MIND diet Mediterranean + DASH diet

Problem	Inte
FIODIEIII	IIICE

Poor Nutrition

- rvention (if possible)
- Physical Inactivity More exercise, even if just a little
- Less Education Cognitive stimulation
- Low Social Contact Small grant program for ideas?
- Earlier diagnosis/treatment Depression
- Traumatic brain injury Better fall prevention
- Hearing impairment Better hearing assessments
- Benefit of the DASH diet Hypertension, Diabetes
- Air pollution, Smoking, Excess Alcohol https://www.thelancet.com/article/S0140-6736(20)30367-6/fulltext

### LTC Facilities: Behavioral Training

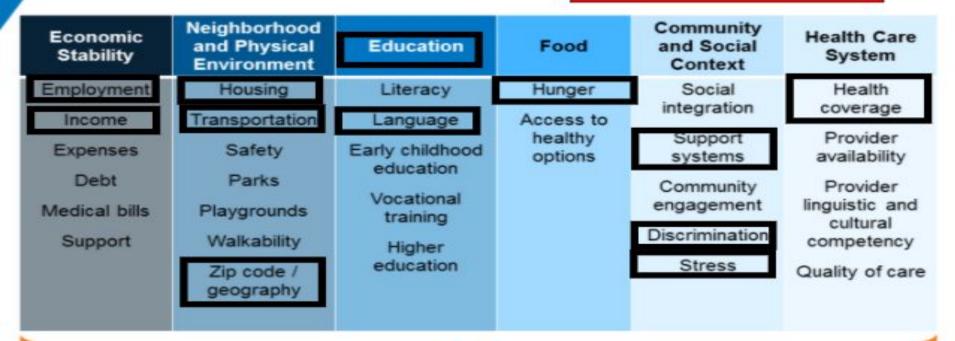
#### LTC facility Call to Arms

- Mental Health First Aid Ambassadors for burnout
- Crisis Intervention Team Training and other positive behavioral controls for:
  - Staffs and
  - Strike Teams (Guard, MRC, Outside pharmacists)
- Family-centered as well as person-centered care
- Platforms: Virginia Nursing Home ECHO training
- Platforms: Updated VMRC
- Platforms: Freely available YouTube training

#### Figure 1

#### Social Determinants of Health

# Star rating, Geography, Race/Ethnicity



#### **Health Outcomes**

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

https://www.kff.org/racial-equity-and-health-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/



# Finally, LTC Facility Call to Arms, cont.

- Greater emphasis on Dementia Prevention and on Positive Behavioral Controls for:
  - The Dementia State Plan and
  - "Brain Health Virginia"
     Part of CDC/AD Assoc. Healthy Brain Initiative Road Map. Va. Partners: AD & Related Disorders Commission, VDH, AD Associations of VA & DARS

## Conclusions: LTC Facility Call to Arms

- When the COVID-19 infection ends, some problems just begin
- Expect ↑ in long-haul dementia
- Expect a further ↑ in:
  - Resident/Staff serious mental illness and
  - Staff substance use disorders
- Respond accordingly/immediately for the sake of:
  - Residents
  - Staff
  - Strike Teams
  - All residential facilities, not just NHs/ALFs

### Discussion

## Next Steps

LTC Task Force Newsletter

LTC Task Force website

Future Meetings

#### Selected COVID-19 Dashboards

- COVID-19 in Virginia Summary
- COVID-19 Vaccine Summary
- COVID-19 Cases by Vaccination Status
- COVID-19 Level of Community Transmission
- COVID-19 Outbreaks in Virginia
- COVID-19 Outbreaks by Setting
- COVID-19 Variants of Concern
- VDH PCR Test Positivity Rates
- VHHA COVID-19 Hospitalizations
- Equity in Action
- Equity at a Glance